

Azrin bin Abdul Rahim

MA (Existential Psychology & Psychotherapy) · MSocSc (Professional Counselling)

REGISTERED COUNSELLOR & CLINICAL SUPERVISOR

SAC Registered Counsellor

Registered Clinical Supervisor



A safe space to explore, heal and move forward — at your pace.

PROFESSIONAL PROFILE

Azrin bin Abdul Rahim is a registered counsellor, clinical supervisor, and mental health professional with formal training in existential psychology and psychotherapy, family therapy, and professional counselling. His practice combines psychosocial assessment, risk assessment, therapeutic intervention, and culturally sensitive work with individuals, couples, children, and families — with particular understanding of Malay-Muslim family dynamics and Islamic traditions. He also brings substantial experience in multidisciplinary collaboration across community, legal, social service, and mental health settings.

CLINICAL EXPERTISE

- ✓ Conducts psychosocial assessments, structured risk assessments, and case planning for individuals, couples, and families.
- ✓ Provides counselling using existential-phenomenological therapy, family therapy, motivational interviewing, CBT, and solution-focused brief therapy.
- ✓ Works with clients facing family conflict, crises, life transitions, trauma-related concerns, and complex psychosocial presentations.
- ✓ Conducts forensic interviews with traumatised children using evidence-based protocols and prepares professional case notes and clinical reports.
- ✓ Supports high-conflict family matters through parenting coordination, mediation support, and child-centred intervention planning.
- ✓ Collaborates with healthcare, social service, and community professionals in multidisciplinary case coordination.
- ✓ Delivers training and psychoeducational programmes on mental health, wellbeing, therapeutic practice, and culture.

PROFESSIONAL QUALIFICATIONS

2025 **Master of Arts in Existential Psychology & Psychotherapy**
Middlesex University, United Kingdom

2012	Certificate in Aggression Management, Assessment & Therapy University of Central Lancashire
2009	Master of Social Science in Professional Counselling — specialisation in Family Therapy Swinburne University of Technology, Australia
2008	Graduate Diploma of Social Science in Professional Counselling Swinburne University of Technology, Australia
2008	Advanced Diploma of Applied Social Science — Mental Health, Counselling Methods, AOD Counselling Australian College of Applied Psychology, Australia
2005	Diploma of Counselling & Communication (Sport & Performance) Australian College of Applied Psychology, Australia

PROFESSIONAL EXPERIENCE

Executive Director & Therapeutic Practitioner Era Dance Theatre Limited, Singapore	Since 2009
Provides organisational leadership, counselling support, intake assessment, risk screening, and coordinated care — and developed <i>Malay Dance in Therapy</i> , a culturally grounded and trauma-informed intervention framework.	
Superintendent of Police & Head, Provost Intervention Wing Police National Service Department, Singapore Police Force	1987–2022
Held senior leadership roles in training, welfare, disciplinary oversight, investigation, and psychological support programming. In his final posting, designed and led a mental health rehabilitation and reintegration programme for National Service officers requiring psychological support and crisis intervention.	
Counselling & Mental Health Practice Professional practice, education & supervised training	Since 2003
Assessment, counselling, crisis intervention, risk management, case planning, report writing, multidisciplinary collaboration, and training for community and organisational settings.	

SPECIALIST TRAINING & PROFESSIONAL DEVELOPMENT

2019	Child Maltreatment Assessment & Clinical Intervention · William James College, USA	2019	Advanced Parenting Coordination · William James College, USA
2019	Mental Health in Juvenile Justice · William James College, USA	2012	Forensic Interviewing with Sexually Abused Children · CornerHouse, USA
2012	Life Minus Violence–Enhanced Therapy · Prof. Jane Ireland, UCLan, UK	—	Certified Practitioner of NLP · American Board of NLP / INHNLP
—	Certified Practitioner of Hypnotherapy · American Board of Hypnotherapy	—	Advanced training in Motivational Interviewing
—	Certification in 12–Steps Facilitation		

LANGUAGES

PROFESSIONAL MEMBERSHIPS

English	Fluent
Malay	Native fluency
Bahasa Indonesia	Proficient

Singapore Association for Counselling (SAC) · Registered Counsellor & Clinical Member

Registered Clinical Supervisor