

Ivan Tan Tze Kiang

Master of Social Work · Graduate Diploma in Social Work

COUNSELLOR & SOCIAL WORKER

Accredited Member, SASW



You don't have to have it all figured out to take the first step.

PROFESSIONAL PROFILE

Ivan Tan is a counsellor with extensive experience in working with adolescents and young adults. His counselling work focuses on helping clients overcome issues related to identity formation, school and work stress, unwanted habitual behaviour, difficult family relationships and mental health conditions. Ivan is trained in Schema and Narrative Therapy. His therapeutic practice extends beyond the confines of the counselling room to include designing activity-based groupwork that promotes problem-solving, creativity, communication, and social support while fostering collaboration and personal growth. Besides working directly with clients, Ivan is also a university lecturer and a mental health trainer for students and adult learners.

COUNSELLING FOCUS & APPROACH

- ✓ Supports adolescents and young adults through identity formation and life transitions.
- ✓ Helps clients address school- and work-related stress and unwanted habitual behaviours.
- ✓ Works with difficult family relationships and a range of mental health conditions.
- ✓ Trained in Schema Therapy and Narrative Therapy.
- ✓ Designs activity-based groupwork that builds problem-solving, creativity, communication and social support.
- ✓ University lecturer and mental health trainer for students and adult learners.

PROFESSIONAL QUALIFICATIONS

- **Master's in Social Work**
Singapore University of Social Sciences, Singapore
- **Graduate Diploma in Social Work**
Singapore University of Social Sciences, Singapore
- **Bachelor of Arts in Journalism**
Monash University, Australia

SPECIALIST TRAINING & PROFESSIONAL DEVELOPMENT

2025	Schema Therapy Level 1 · Australia	2024	Collaborative Assessment & Management of Suicidality (CAMS) · Singapore
2023	Sector Specific Screening Guide · Singapore	2023	Child Abuse Reporting Guide · Singapore
2022	Narrative Therapy (Level 1) · Australia		

PROFESSIONAL MEMBERSHIPS

Accredited Member · Singapore Association of Social Workers (SASW)