



Shyon Loo

MSc Clinical Psychology · CAS Psychology · BA Psychology

REGISTERED PSYCHOLOGIST (CLINICAL)

Singapore Registered Psychologist (SRP)

Full Member, SPS

Healing happens in safe, understanding, and affirming spaces – for every person, at every stage.

PROFESSIONAL PROFILE

Shyon is a Singapore Registered Psychologist (Clinical) with extensive experience across public healthcare, government, educational, and private practice settings. His professional training and clinical exposure span Singapore, the United Kingdom, and the United States, equipping him with a culturally informed and globally grounded perspective to psychological care. His specialist expertise lies in complex and developmental trauma, and in forensic, clinical, and counselling psychology. He is neurodivergent and LGBTQ+ friendly.

CLINICAL EXPERTISE

- ✓ Provides psychotherapy and psychological assessments for adults, adolescents, children, and older adults across outpatient and inpatient settings.
- ✓ Works with child forensic cases and young persons at risk — including problematic sexualised behaviour, sexual offending, and victims of abuse and maltreatment.
- ✓ Treats mood and anxiety disorders, grief and bereavement, attachment and relational trauma, impulse-control difficulties, self-harm, and traumatic stress (including complex trauma).
- ✓ Engages community stakeholders in managing children and adolescents presenting with inappropriate sexualised behaviour, online sexual harm, and technology-assisted sexual abuse.
- ✓ Supports psychosocial adjustment to medical crises, including post-stroke depression and pain management.
- ✓ Leads service-level initiatives — deputised on hospital-wide trauma-informed care transformation projects and embedded new clinical methodologies.
- ✓ Supervises and mentors allied health staff and psychology interns, contributing to curriculum and competency-framework development and coordinating interprofessional education across a multi-disciplinary department.

PROFESSIONAL QUALIFICATIONS

2005 **Certificate of Advanced Studies in Psychology**
Loyola University, United States

2003 **Master of Science (Clinical Psychology)**
Loyola University, United States

Certificate in Diagnostic Medical Sonography

1999 University of Maryland, Baltimore County, United States

1998 **Bachelor of Arts (Psychology)**
University of Maryland, Baltimore County, United States

MODALITIES & APPROACHES

- ✓ Trauma-focused intervention — TF-CBT, Flash, Cognitive Processing Therapy, and Eye Movement Desensitisation & Reprocessing (EMDR).
- ✓ Acceptance & Commitment Therapy (ACT), Dialectical Behaviour Therapy (DBT), and Sensorimotor Psychotherapy.
- ✓ Exposure & Response Prevention (ERP).
- ✓ Group interventions — social skills, executive functioning, resilience-building, and Building Emotional and Affect Regulation (BEAR).
- ✓ Trained in the Incredible Years Parenting Programme to promote social-emotional development across age groups.
- ✓ Cognitive, intellectual, adaptive-behaviour, attention-regulation, social-responsiveness, communication, and psychoeducational assessments.

CERTIFICATION, TRAINING & MEMBERSHIPS

- ✓ Singapore Registered Psychologist (SRP).
- ✓ Full Member, Singapore Psychological Society (SPS).
- ✓ Certified Sex Offender Therapist.
- ✓ EMDRIA- and Europe-approved EMDR training; member of EMDR Singapore.
- ✓ International Association of Eating Disorders Professionals (IAEDP).
- ✓ Society of Behavioural Health, Singapore.
- ✓ National Certified Counsellor (NCC) — National Board for Certified Counsellors, USA.
- ✓ Licensed Clinical Professional Counsellor, State of Maryland, USA.

PROFESSIONAL MEMBERSHIPS

Full Member · Singapore Psychological Society (SPS)

Registered · Singapore Registered Psychologist (SRP)

Member · International Association of Eating Disorders Professionals

Member · Society of Behavioural Health, Singapore

Member · EMDR Singapore