

Introduction

Our clinicians are trained in UK and come with extensive experience working sensitively and effectively with young children, adolescents and parents/caregivers/individuals who have experienced traumatic incidences. We draw on a range of evidence based practices for our therapeutic interventions and conduct in depth assessments on attachment, psychological trauma, developmental trauma and family systems. Other areas of assessments include neglect, abuse, child protection, risk assessments, juvenile proceedings, domestic violence and parental alienation. Taking into account challenges within the system, we draw on strengths to offer guidance to the courts.

Child & Family:

- Psychological assessment of parent(s)
- Children and adolescents presenting with hypersexual behaviours
- Parenting practices and capacity
- Family relationship dynamics
- Attachment patterns
- Perpetrators of domestic violence and impact on parenting
- Harm arising from abuse and/or neglect
- Custody arrangements
- Child alienation

Assessments

- Gillick competence (children under 16)
- Mental Capacity
- ADHD , Cognitive & Psychological Trauma

Forensic Risk Assessment:

- Structured professional judgement assessments , including:
- Historical Clinical Risk Management — HCR-20v3
- Spousal Assault Risk Assessment (SARA)
- Structured Assessment of Violence Risk in Youth (SAVRY)
- Early Assessment Risk List (EARL)
- Short-Term Assessment of Risk and Treatability: Adolescent Version (START-AV)
- Structured Assessment of Protective Factors for Violence Risk (SAPROF)

Other Services:

Expert witness

We have psychologists who are able to serve as Expert witness in court and provide objectivity in legal proceedings and expert testimony in court cases. We also produce expert witness reports for both private and public law proceedings

Inclusivity

Our psychologists have diverse experience serving various populations groups and are able to tailor interventions and assessments according for clients with additional needs (e.g intellectual disability, mental health challenges)

Intervention

We deliver empirically validated therapies tailored to each individual, including:

Eye Movement Desensitisation and Reprocessing (EMDR)
Trauma-Focused Cognitive Behaviour Therapy (TF-CBT)
Schema Therapy
Attachment Regulation Competency (ARC)
Sensory Motor Arousal Regulation Therapy (SMART)

Professional Standards

Our clinicians are trained in the United Kingdom and bring substantial experience from public and private healthcare systems, child and adolescent mental health services, forensic settings, and multidisciplinary environments. We are committed to maintaining high standards of ethical, culturally sensitive, and clinically robust practice.

B.A.R.E Child & Family Psychological Services places strong emphasis on professional integrity, safeguarding, collaborative practice, and the delivery of psychologically informed services that support the welfare and best interests of children and families.

Referral & Consultation Services

We accept referrals from:

Family and juvenile courts

Lawyers and legal representatives

Child protection and social service agencies

Schools and educational institutions

Healthcare professionals

Community organisations

Parents and caregivers

Consultation services are also available for agencies and professionals requiring specialist psychological input in complex family, safeguarding, and trauma-related matters.

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Building Attachment Regulating Emotions